

This term we will be focussing in school on the value TRUST. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT TRUST TOGETHER...

Trust is a really important value. It must be earned. If we do not **trust** someone it is very hard to build a good friendship with them. Talk together about:

- people who you know that are **trustworthy**
- practical ways that we can show others that we are **trustworthy**
- why it is important to be able to **trust** others when working together as a team

THINK TOGETHER Words of Wisdom

“Trusting someone is like knowing you can jump and they will be there to catch you”
Anon



FASCINATING FACTS

The Royal National Lifeboat Institute (RNLI)

When the crew and passengers of boats get into difficulty at sea, they can **trust** the lifeboat crews from RNLI to try their very best to rescue them. Many of the crew and coastguards are volunteers.

- There are over 230 lifeboat stations all around the coast of Britain & Ireland
- Crews are on call 24 hours a day, every day of the year. They must be ready to drop what they are doing at a moments notice to go out on their lifeboat



READ TOGETHER... The Storm on the Lake

The disciples were just exhausted. All day crowds and crowds of people had been following Jesus, listening as he taught them about God’s love and watching as he healed people who were ill. Now the sun was beginning to set over the Sea of Galilee. Seeing how tired his friends were, Jesus said, “Let’s get in a boat and go over to the other side of the lake.”

They rowed away from the shore while Jesus went to the front of the boat and lay down. The waves lapped gently against the side of the boat, lulling Jesus into a peaceful sleep.

Suddenly the wind began to blow dark clouds across the sky. The waves weren’t so gentle anymore. The little boat began to pitch and rock. The men looked anxiously across the lake. But Jesus still lay sleeping in the front of the boat.

The wind blew stronger. Great gusts rocked the boat. Spray from the waves soaked everyone inside. But still Jesus lay sleeping in the front of the boat.

By the time they reached the centre of the lake, the wind had turned into an angry gale that whipped the waves so high that they washed right over the boat. Jesus’ friends were terrified. They thought they might drown. But still Jesus slept on.

Finally, one of Jesus’ friends went and shook him awake. “Master,” he cried, “don’t you care if we drown?” Jesus looked around. He listened to the howling wind. He felt the cold, stinging spray of the waves. He saw the fear in the faces of his disciples.

Jesus stood, stretched out his arms to the wind and the waves, and commanded: “Peace! Be still!” At once the wind died down and the waves became completely calm. Turning to them, Jesus asked the disciples: “Why are you so afraid? Do you not **trust** me?”

Bible story based on Mark 4:35-41



QUIZ Crack the code

Answer the clues to find the letter corresponding to each number and then fill in the message.

Thrown in a board game

1	2	3	4
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Jam is stored in this

5	6	7
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Opposite of dark

8	2	9	10	11
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Used to carry money

12	13	7	14	4
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Break the code to discover the message in the story:

11	10	4
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1	2	14	3	2	12	8	4	14
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11	7	13	14	11	4	1
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5	4	14	13	14
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