

Curriculum Overview for PE

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Term 1	Introduction to PE	Fundamentals	Fundamentals	Fundamentals	Ball Skills	Swimming	Swimming
		Fitness	Fitness	Fitness	Fitness	Fitness	Fitness
Term 2	Ball Skills	Ball Skills	Ball Skills	Netball	Hockey	Swimming	Swimming
		Dance	Dance	Dance	Dance	Dance	Dance
Term 3	Balanceability	Target Games	Target Games	Swimming	Swimming	Netball	Hockey
	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics
Term 4	Balanceability	Sending and Receiving	Sending and Receiving	Swimming	Swimming	Dodgeball	Volleyball
	Dance	Invasion	Invasion	Football	Yoga	Football	Yoga
Term 5	Games	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
		Net and Wall	Swimming: Beginners	OAA	OAA	OAA	OAA
Term 6	Athletics	Striking and Fielding	Striking and Fielding	Tennis	Cricket	Tennis	Cricket
		Team Building	Team Building	Rounders	Handball	Rounders	Handball