

Allergy/Intolerance Menu

Allergy/Intolerance:
Child Name / Area :
Dates / Term:

Vegan

GCCAutumn Winter 2024/2025

Implementation Date _____

*All recipe codes are given in bold (e.g., **F6**) - to find the recipe on Sharepoint start your search with the letters PRI - e.g., **PRIF6**.

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Tomato and Vegetable Pasta V302				
	Option 2	Vegetable Fajitas V308 with Rice SD84	Creamy Chickpea and Coconut Curry V303 with Rice SD84	Vegetable Roast V13 with Roast Potatoes SD7/SD82 & Gravy SD118	Baked Bean Hot Pot V307	Mexican Bean Roll V161 with Chips SD5 & Tomato Ketchup SD14
	Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 or Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise) (No Salmon Mayonnaise)				
	Vegetables	Carrots SD28 , Green Beans SD24	Peas SD18 , Broccoli SD20	Cauliflower SD27 , Red Cabbage SD23	Broccoli SD20 , Sweetcorn SD19	Peas SD18 , Baked Beans SD22
	Dessert	Vanilla Shortbread D57	Blackberry and Apple Crumble D74 (No Custard)	Strawberry Jelly D245 with Peaches D166	NGCI Vanilla Cake NGCI11 (No Custard)	Chocolate Orange Cookie D230
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Vegan Sheese & Tomato Pizza V221 with New Potatoes SD2				
	Option 2	Caribbean Butterbean Stew V306 with Rice SD84		Vegan Sausages V238 with Roast Potatoes SD7/SD82 & Gravy SD118	Mild Mexican Chili V309 with Rice SD84	Vegan Sausages V238 with Chips SD5 & Tomato Ketchup SD14
	Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 or Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise)				
	Vegetables	Butternut Squash SD31 , Peas SD18	Green Beans SD24 Cauliflower SD27	Broccoli SD20 , Sweetcorn SD19	Carrots SD28 , Broccoli SD27	Peas SD18 , Baked Beans SD22
	Dessert	Vanilla Shortbread D57	NGCI Chocolate Cake NGCI12 (No Chocolate Sauce)	Fruit Medley D224	NGCI Vanilla Cake NGCI11 (No Custard)	Oaty Cookie D85
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1					
	Option 2	Vegan Plant balls V237 with Tomato Sauce V225 & Rice SD84	Vegan Sheese & Tomato Pizza V221 with Potato Wedges SD6	Vegan Quorn V204 with Roast Potatoes SD7/SD82 & Gravy SD118	Chinese Vegetable Curry V212 with Rice SD84	
	Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 or Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise)				
	Vegetables	Carrots SD28 , Peas SD18	Broccoli SD20 , Sweetcorn SD19	Cauliflower SD27 , Green Beans SD24	Broccoli SD20 , Carrots SD28	Peas SD18 , Baked Beans SD22
	Dessert	NGCI Chocolate Cake NGCI12	Sticky Toffee Apple Crumble D243 (No Custard)	Fresh Fruit	NGCI Vanilla Cake NGCI11 (No Chocolate sauce)	Cinnamon Swirl D244 Apple Slices D216

Note: no other menu options other than above should be offered in relation to this menu

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinkltd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.