

Bullying



Bullying UK, part of Family Lives, is a leading charity providing advice and support to anyone affected by bullying.

<https://www.bullying.co.uk/>

0808 800 2222



Kidscape provides children, families, carers, and professionals with advice, training, and practical tools to prevent bullying and protect young lives. Their vision is for all children to grow up in a world free from bullying and harm, with adults who keep them safe and help them to reach their full potential.

<https://www.kidscape.org.uk/>

020 7730 3300

NSPCC

NSPCC provides advice for parents and carers to help keep children safe from bullying, wherever it happens.

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/>

020 7825 2505



The **National Bullying Helpline** provides information and advice for adults and children affected by bullying.

<https://www.nationalbullyinghelpline.co.uk/>

0845 225 5787