

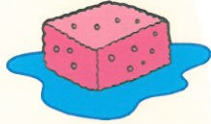


## FAMILY FOCUS

### Making a difference

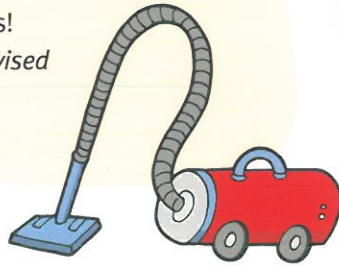
There are some household jobs that no one really enjoys doing.

- Which is the least popular household job? Who normally ends up doing it? Perhaps different members of the family could take it in turns doing this job for a fortnight!



- Go on a family litter picking walk to help clean up a part of your neighbourhood. Don't forget to wash your hands afterwards!

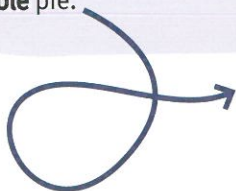
*Litter picking should be supervised by an adult.*



## FASCINATING FACTS

Have you ever heard the saying to 'eat **humble** pie'?

- When someone 'eats **humble** pie' it means they have to admit to being wrong and sometimes give an apology.
- The phrase has been around for six centuries (600 years)!
- Back in the 15th century the tastier, more expensive cuts of meat were usually only eaten by rich people and were often roasted.
- The offal (liver, kidneys, heart, sweetmeats) was considered poorer quality meat and known as 'umbles'. It needed to be cooked more slowly and was often used in pies.
- The poorer people therefore made Umble Pie. Over time the pie became known as **humble** pie.



## Maundy Money

The name "Maundy" which we use today comes from the Latin word *mandatum*, which means 'to love and serve'.



Each year on Maundy Thursday churches across the world remember Jesus' last supper with his friends before he died. At this special meal Jesus wanted to show his disciples how they should lead their lives – by serving the needs of others. In those days it was usually the job of the most lowly servant in the household to wash the feet of visitors who had travelled on foot along the dirty, dusty roads. At the last supper, Jesus himself **humbly** took water and a towel and washed the feet of each one of his friends.

In the Middle Ages, English kings and queens followed Jesus' example and washed the feet of beggars, to show that in God's eyes everyone is equal. They also gave gifts and money to the poor.

Queen Elizabeth II carries on this tradition. On Maundy Thursday each year she visits a different cathedral and distributes money to people who have **humbly** and selflessly served their local communities in practical ways.

## ★ HALL OF FAME

Think of someone in your school community who works behind the scenes to make everything run smoothly. Draw his or her portrait in the frame.

Take it to school to display in the Challenge Gallery.

