

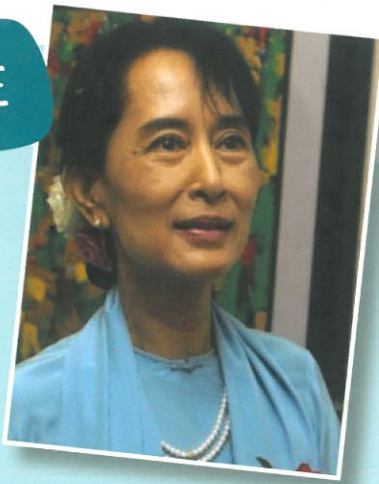


HALL OF FAME

Aung San Suu Kyi

For many years the nation of Burma was ruled by their ruthless army which refused to allow the ordinary citizens to have free elections to choose their leaders. If Burmese people spoke openly about politics they were thrown into prison or even killed. But a tiny brave woman called Aung San Suu Kyi refused to be silent about the **truth** of what was happening in her country. She campaigned openly but peacefully in the streets and around the world for Burma to have free elections. For this the army put her under house arrest, keeping her prisoner in her own home for 20 years! Whilst under arrest she was awarded the Nobel Peace Prize for being 'an outstanding example of the power of the powerless'

In 2010 Aung San Suu Kyi was finally freed by the army just after free elections were held in Burma for the first time. On her release thousands of people gathered to welcome and thank her for standing for **truth** and democracy and helping to bring about change in Burma.



HOME-SCHOOL CHALLENGE

Truth be Told

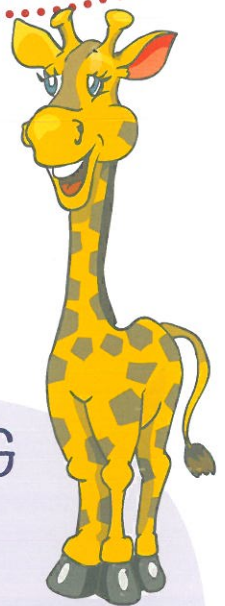
If you could ask a famous person (from history or alive today) to answer a question about themselves what would it be?

For example,

David Beckham - How old were you when you knew for sure that you wanted to be a footballer?

Aung San Suu Kyi - Was there ever a time when you felt like giving up your campaign in Burma?

Make a colourful question mark and write your question on it to take into school to display in the Gallery.



FAMILY FOCUS

The human body is probably the most complex machine on earth. But do you know what your body is made of, how it moves and how all the parts work together?

See if you can answer these questions correctly.

- Your brain is made up of - 20%, 50% or 80% water?
- Taking a step forward uses - 30, 100 or 200 muscles?
- A single blood cell takes 1/2, 1 or 4 minutes to make a complete circuit of the body?
- An adult has 158, 206 or 278 bones in their body?
- A finger nail takes 3, 4 or 6 months to grow from base to tip?



FASCINATING FACTS... ABOUT US

Humans and giraffes have the same number of bones in their necks.

You can't tickle yourself.

You can't keep your eyes open when you sneeze.

Overnight while you sleep you grow nearly 1 cm, but you shrink again next day.

The length from your wrist to your elbow is the same as the length of your foot.

In 30 minutes an average person gives off enough heat to bring over 2 litres of water to the boil.