

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

GLUTEN
05/09/2022
26/09/2022
17/10/2022
14/11/2022
05/12/2022

12/09/2022
03/10/2022
31/10/2022
21/11/2022
12/12/2022

19/09/2022
10/10/2022
07/11/2022
28/11/2022

		Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Tomato & Vegetable Pasta GF pasta/no lentils	Beefburger GF burger no bun with wedges	Roast Gammon, Roast Potatoes & Gravy	Chicken Korma with Rice	GF Fish with Chips & Tomato sauce
	Option 2		Moroccan Vegan balls in Tomato sauce with rice		Broccoli & Cheese Pasta Bake GF pasta/sauce thickened with cornflour	
	Option 3	Soup with a Vegetable Sausage GF sandwich	Jacket Potato with BBQ Baked Beans	Tuna & Chickpea Pasta GF pasta	Soup with GF Cheese sandwich	Jacket Potato with Tuna & Sweetcorn
	Vegetables	Broccoli Sweetcorn	Roasted sweet potato Peas	Savoy Cabbage Carrots	Green Beans Cauliflower	Peas Baked Beans
	Dessert	NGCI Cake with Custard	GF Cookie	Raspberry Jelly with mandarins	NGCI cake with Custard	Peaches & Ice Cream

Or a choice of Yoghurt & Fresh Fruit available daily

	Option 1	Sweet Potato & Vegetable Curry with Rice	Beef Meatballs with Mash & Gravy GF made fresh in kitchen	Roast Chicken, Roast Potatoes & Gravy	Beef pasta bake GF pasta	GF fish with Chips & Tomato Sauce
	Option 2	Macaroni Cheese GF pasta/sauce thickened with cornflour	Vegan Bolognese GF pasta	Roast Quorn, Roast Potatoes & Gravy	Southern Style Vegan Burger no bun	
	Option 3	Soup with spiced bean Burger in a GF sandwich	Jacket Potato with Baked Beans	Tomato, cheese Pasta GF pasta	Soup with a Ham Salad GF sandwich	Jacket Potato with Tuna or Cheese
	Vegetables	Sweetcorn Savoy Cabbage	Green Beans Carrots	Cauliflower Peas	Broccoli Sweetcorn	Peas Carrots
	Dessert	NGCI Cake with Custard	NGCI Cake	GF Vanilla Shortbread	NGCI cake with Chocolate sauce	NGCI Sponge

Or a choice of Yoghurt & Fresh Fruit available daily

	Option 1	Cheese & Tomato Pizza & Wedges GF base	Pork Sausages, Mashed Potato & Gravy GF sausage	Roast Turkey, Roast Potatoes & Gravy	Chicken Pasta Bake GF pasta	GF fish with Chips & Tomato Sauce
	Option 2				Vegan Sausages Mashed Potatoes & Gravy	BBQ Quorn with Chips
	Option 3	Soup with Vegan Ball GF sandwich	Jacket Potato with Baked Beans	Tomato Arrabiata and Butterbean Pasta GF pasta	Soup with Tuna GF sandwich	Jacket Potato with Vegetable Chilli
	Vegetables	Sweetcorn Mixed Salad	Carrot Green Beans	Swede Broccoli	Sweetcorn Savoy Cabbage	Peas Mixed salad
	Dessert	NGCI Cake with Custard	GF Chocolate Shortbread	Rasp Jelly	NGCI Cake with Custard	NGCI cake