

Allergy/Intolerance Menu

No- Gluten Containing Ingredients

Allergy/Intolerance:
Child Name / Area :
Dates / Term:

GCC Spring Summer 2024

Implementation Date _____

*All recipe codes are given in bold (e.g., **F6**) - to find the recipe on Sharepoint start your search with the letters PRI - e.g., **PRIF6**.

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	NGCI Macaroni Cheese NGCI46	Beef Burger B5 in a NGCI Burger Bun NGCI47 with Potato Wedges SD6	Roast Chicken C4 with Roast Potatoes SD7/SD82 & Gravy SD118	NGCI Minced Beef Pasta bake NGCI42	NGCI Fish Fingers NGCI5 with Chips SD5 & Tomato Ketchup SD14
	Option 2	Vegan Meatballs V237 with Tomato Sauce V225 & Rice SD84	NGCI Gluten Free Penne NGCI24 with Vegan Bolognese V233	Vegan Sausages V238 with Roast Potatoes SD7/SD82 & Gravy SD118		NGCI Cheese & Tomato Pizza NGCI49 with Chips SD5 & Tomato Ketchup SD14
	Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 , Cheese V85 , Tuna Mayonnaise F11 or Salmon Mayonnaise F32				
	Vegetables	Carrots SD28 , Green Beans SD24	Peas SD18 , Broccoli SD20	Cauliflower SD27 , Carrots SD28	Broccoli SD20 , Sweetcorn SD19	Peas SD18 , Baked Beans SD22
	Dessert	NGCI Vanilla Cake NGCI11 with Chocolate sauce D3	NGCI Vanilla Shortbread NGCI6	Strawberry Jelly with Mandarins D235	NGCI Crumble Topping NGCI15 with Sticky Toffee Apple filling and Custard D2	NGCI Syrup Snap Biscuit NGCI30
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Summer Vegetable Risotto V133		Roast Turkey T1 with Roast Potatoes SD7/SD82 & Gravy SD118	Chef's Special Chicken Korma C86 with Rice SD84	NGCI Fish Fingers NGCI5 with Chips SD5 & Tomato Ketchup SD14
	Option 2		Mexican Five Bean Rice QB7		NGCI Vegetable Pasta Bake NGCI39	Vegan Sausage V238 with Chips SD5 & Tomato Ketchup SD14
	Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 , Cheese V85 or Tuna Mayonnaise F11				
	Vegetables	Broccoli SD20 , Peas SD18	Cauliflower SD27 , Sweetcorn SD19	Carrot SD28 , Broccoli SD20	Green Beans SD24 , Carrots SD28	Peas SD18 , Baked Beans SD22
	Dessert	Ice Cream D13	NGCI Vanilla Cake NGCI11 with Custard D2	NGCI Vanilla Shortbread NGCI6 Apple Slices D216	NGCI Crumble Topping NGCI15 with Peach filling and Custard D2	NGCI Chocolate Shortbread NGCI7
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Vegetable Fajitas V252 with Wedges SD6		Roast Gammon P5 with Roast Potatoes SD7/SD82 & Gravy SD118	Chicken Paella FE1	NGCI Fish Fingers NGCI5 with Chips SD5 & Tomato Ketchup SD14
	Option 2		NGCI Cheese & Tomato Pizza NGCI49 with Potato Wedges SD6			
	Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 , Cheese V85 or Tuna Mayonnaise F11				
	Vegetables	Carrots SD28 , Peas SD18	Broccoli SD20 , Sweetcorn SD19	Cauliflower SD27 , Peas SD18	Carrots SD28 , Broccoli SD20	Peas SD18 , Baked Beans SD22
	Dessert	Ice Cream D13	NGCI Italian Chocolate Cake NGCI12 with Custard D2	NGCI Vanilla Shortbread NGCI6	NGCI Banana Cake NGCI29 with Banana Slices and Custard D21	NGCI Vanilla Shortbread NGCI6

Note: no other menu options other than above should be offered in relation to this menu

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinkltd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.