

## Allergy/Intolerance Menu

Vegan Menu

Allergy/Intolerance: Child Name / Area: Dates / Term:

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GCC Spring Summer 2024	Implementation Date

\*All recipe codes are given in bold (e.g., F6) - to find the recipe on Sharepoint start your search with the letters PRI - e.g., PRIF6.

WEEK 1	Monday	Tuesday	t start your search with the letters PRI - e Wednesday	Thursday	Friday		
Option 1							
Option 2	Vegan Meatballs <b>V237</b> with Tomato Sauce <b>V225</b> & Rice <b>\$D84</b>	Spaghetti <b>SD8</b> with Vegan Bolognese <b>V233</b>	Vegan Sausages <b>V238</b> with Roast Potatoes <b>SD7/SD82</b> & Gravy <b>SD118</b>	Lentil & Sweet Potato Curry <b>V108</b> with Rice <b>SD84</b>	Vegan Sheese and Tomato Pizza V221 with Chips SD5 & Tomato Ketchup SD14		
Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22, Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise, No Salmon Mayonnaise)						
Vegetables	Carrots <b>SD28</b> , Green Beans <b>SD24</b>	Peas <b>SD18</b> , Broccoli <b>SD20</b>	Cauliflower <b>\$D27,</b> Carrots <b>\$D28</b>	Broccoli <b>SD20</b> , Sweetcorn <b>SD19</b>	Peas <b>SD18</b> , Baked Beans <b>SD22</b>		
Dessert	NGCI Vanilla Cake NGCI11 (No Chocolate sauce)	Vanilla Shortbread <b>D57</b>	Strawberry Jelly with Mandarins <b>D235</b>	Sticky Toffee Apple Crumble <b>D243 (No Custard)</b>	Syrup Snap Biscuit <b>D219</b>		
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Summer Vegetable Risotto <b>V133</b>						
Option 2		Mexican Five Bean Rice QB7	Vegetable Wellington <b>V232</b> with Roast Potatoes <b>SD7/SD82</b> & Gravy <b>SD118</b>	Wholemeal Vegetable Pasta Bake <b>V73</b>	Vegan Sausage <b>V238</b> with Chips <b>SD5</b> & Tomato Ketchup <b>SD14</b>		
Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22, Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise)						
Vegetables	Broccoli <b>SD20,</b> Peas <b>SD18</b>	Cauliflower <b>\$D27</b> , Sweetcorn <b>\$D19</b>	Carrot <b>SD28</b> , Broccoli <b>SD20</b>	Green Beans <b>SD24,</b> Carrots <b>SD28</b>	Peas <b>SD18</b> , Baked Beans <b>SD22</b>		
Dessert	Fresh fruit	NGCI Chocolate Cake NGCI12 (No Custard)	Oaty Cookie <b>D85</b> with Apple Slices <b>D216</b>	Peach Crumble <b>D238 (No Custard)</b>	Chocolate Shortbread <b>D80</b>		
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Vegetable Fajitas <b>V252</b> with wedges <b>SD6</b>						
Option 2	BBQ Quorn <b>V205</b> with Rice <b>SD84</b>	Vegan Sheese and Tomato Pizza V221 with Chips SD5 & Tomato Ketchup SD14	Vegan Quorn <b>V204</b> with Roast Potatoes <b>SD7/SD82</b> & Gravy <b>SD118</b>		Vegan Sausage V238 with Chips SD5 & Tomato Ketchup SD14		
Option 3	Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 or Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise)						
Vegetables	Carrots <b>SD28</b> , Peas <b>SD18</b>	Broccoli <b>SD20</b> , Sweetcorn <b>SD19</b>	Cauliflower <b>SD27</b> , Peas <b>SD18</b>	Carrots <b>SD28</b> , Broccoli <b>SD20</b>	Peas <b>SD18</b> , Baked Beans <b>SD22</b>		
Dessert	NGCI Vanilla Cake NGCI11	NGCI Chocolate Cake NGCI12 (No Custard)	Apple Flapjack <b>D171</b>	NGCI Banana Cake NGCI29 (No Custard)	Fruity Shortbread <b>D96</b>		
	Option 1 Option 2 Option 3 Vegetables Dessert WEEK 2 Option 1 Option 2 Option 3 Vegetables Dessert WEEK 3 Option 1 Option 2 Option 3	Option 2  Vegan Meatballs V237 with Tomato Sauce V225 & Rice SD84  Option 3  Jacket Potato with Vegetables  Carrots SD28, Green Beans SD24  Dessert  NGCI Vanilla Cake NGCI11 (No Chocolate sauce)  WEEK 2  Monday  Option 1  Summer Vegetable Risotto V133  Option 2  Option 3  Jacket Potato with NGCI Vanilla Cake NGCI11 (No Chocolate sauce)  WEEK 2  Monday  Option 1  Summer Vegetable Risotto V133  Option 2  Dessert  Fresh fruit  WEEK 3  Monday  Option 1  Vegetable Faijtas V252 with wedges SD6  Option 2  BBQ Quom V205 with Rice SD84  Option 3  Jacket Vegetables  Carrots SD28, Peas SD18	Option 2  Vegan Mealballs V237 with Tomato Sauce V225 & Rice SD84  Option 3  Jacket Potato with Sulfable Toppings: Jacket Potato SD55 w  Vegetables  Carrots SD28, Green Beans SD24  Peas SD18, Broccoli SD20  Dessert  NGCI Vanilla Cake NGCI11 (No Chacolate sauce)  Vanilla Shortbread D57  WEEK 2  Monday  Tuesday  Option 1  Summer Vegetable Risotto V133  Option 2  Mexican Five Bean Rice Q87  Option 3  Jacket Potato with Sulfable Toppings: Jacket Potato With Chips SD5 & Tomato Kelchup SD14  Option 2  BBQ Quam V205 with Rice SD84  Vegan Sheese and Tomato Pizza V221 with Chips SD5 & Tomato Kelchup SD14  Option 3  Jacket Potato with Sulfable Toppings: Jacket Potato With Sulfabl	Option 1  Option 2  Vegan Medibalis V237 with Tomato Souce V238 A Rice SD84  Vegan Souce V238 A Rice SD84  Option 3  Jacket Polato with Suitable Toppings: Jacket Polato SD55 with Boked Beans SD22, Vegan Sheese V216  Vegetables  Carrots SD28, Green Beans SD24  Peas SD18, Rraccoll SD20  Cauliflower SD27, Carrots SD28, Carrots SD28  Dessert  NGCI Vanilla Cake NGC11 (No Chocolate SD20  Vanilla Shortbread D57  Strawberry Jelly with Mandadrins D235  WEEK2  Monday  Tuesday  Wednesday  Option 1  Summer Vegetables Risotro V133  Option 2  Mexican Rive Bean Rice Q87  Vegetables Braccoll SD20, Peas SD18  Cauliflower SD27, Sweetcon SD19  Carrot SD28, Braccoll SD20, Peas SD18  Cauliflower SD27, Sweetcon SD19  Carrot SD28, Braccoll SD20, Peas SD18  Cauliflower SD27, Sweetcon SD19  Carrot SD28, Braccoll SD20  Dessert  Fresh Invit  NGCI Chocolate Cake NGC112 (No Custard)  Vegetable Politos V252 with weages SD4  Option 1  Vegetable Politos V252 with weages SD4  Option 2  BRIQ Quam V205 with Rice SD84  Vegan Sheese and Tomato Pitza V221  with Chips SD8 & Tomato Ketchup SD14  Option 3  Jacket Polato with Suitable Toppings: Jacket Polato SD55 with Backed Beans SD22 or Vegan Sheese and Tomato Retchup SD14  Vegetables Carrots SD28, Peas SD18  Rice Polato with Suitable Toppings: Jacket Polato SD55 with Robel Beans SD22 or Vegan Vegetables  Carrots SD28, Peas SD18  Rice Collaboration SD29  Vegetables  Carrots SD28, Peas SD18  Rice Collaboration SD29  Cauliflower SD27, Peas SD18  Rice Collaboration SD29  Cauliflower SD27, Peas SD18  Rice Collaboration SD29  Vegetables  Carrots SD28, Peas SD18  Rice Collaboration SD29  Cauliflower SD27, Peas SD18	Option 1  Option 2  Vegan Mediabilit V237 with Timator Source V225 & Rices 5084  Option 3  Jacket Potato with Suitable Tappings: Jacket Potato S055 with Robert Board Source V216 (No Cheese) (No Tuna Mayonnaise, No Sive S084)  Vegetables  Carachs 5028, Creen Beans 5024  Pear 5018, Bioccoli 5020  Cauliforwer 5027,Carach 5028  Bioccoli 5020, Sweetcam 5019  Dessert  NGCI Vanilla Cales NGC11 (No Chacellete 1014ce)  Vanilla Shorthead Bo37  Shrawberry Jelly with Mandarins D235  Shcky Toffoo Acade Carable D243 (No Cheese)  WEEK 2  Manday  Thursday  Wednesday  Wednesday  Wednesday  Thursday  Option 3  Jacket Potato with Suitable Tappings: Jacket Potato S055 with Robert Board S022, Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise, No Sive Vegetable Park Toffoo Acade Carable D243 (No Cheese)  WEEK 2  Manday  Wednesday  Thursday  Vegetables  Broccoli 5020, Pear 5018  Cauliflower 5027, Sweetcam 5019  Vegetables  Broccoli 5020, Pear 5018  Cauliflower 5027, Sweetcam 5019  Carable Store Toffoo Acade Carable Cale (No Cheese)  Vegetables  Broccoli 5020, Pear 5018  Cauliflower 5027, Sweetcam 5019  Vegetables  Broccoli 5020, Pear 5018  Cauliflower 5027, Sweetcam 5019  Carable Store Toffoo Store		

Note: no other menu options other than above should be offered in relation to this menu

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/intolerance, then please email info@caterlinkltd.co.uk for someone to contact you.