

### Allergy/Intolerance Menu

Vegan Menu

Allergy/Intolerance:  
Child Name / Area :  
Dates / Term:

GCC Spring Summer 2024

Implementation Date \_\_\_\_\_

\*All recipe codes are given in bold (e.g., **F6**) - to find the recipe on Sharepoint start your search with the letters PRI - e.g., **PRIF6**.

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1					
	Option 2	Vegan Meatballs <b>V237</b> with Tomato Sauce <b>V225</b> & Rice <b>SD84</b>	Spaghetti <b>SD8</b> with Vegan Bolognese <b>V233</b>	Vegan Sausages <b>V238</b> with Roast Potatoes <b>SD7/SD82</b> & Gravy <b>SD118</b>	Lentil & Sweet Potato Curry <b>V108</b> with Rice <b>SD84</b>	<b>Vegan Sheese and Tomato Pizza V221</b> with Chips <b>SD5</b> & Tomato Ketchup <b>SD14</b>
	Option 3	<b>Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22, Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise, No Salmon Mayonnaise)</b>				
	Vegetables	Carrots <b>SD28</b> , Green Beans <b>SD24</b>	Peas <b>SD18</b> , Broccoli <b>SD20</b>	Cauliflower <b>SD27</b> , Carrots <b>SD28</b>	Broccoli <b>SD20</b> , Sweetcorn <b>SD19</b>	Peas <b>SD18</b> , Baked Beans <b>SD22</b>
	Dessert	<b>NGCI Vanilla Cake NGCI11 (No Chocolate sauce)</b>	Vanilla Shortbread <b>D57</b>	Strawberry Jelly with Mandarins <b>D235</b>	Sticky Toffee Apple Crumble <b>D243 (No Custard)</b>	Syrup Snap Biscuit <b>D219</b>
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Summer Vegetable Risotto <b>V133</b>				
	Option 2		Mexican Five Bean Rice <b>QB7</b>	Vegetable Wellington <b>V232</b> with Roast Potatoes <b>SD7/SD82</b> & Gravy <b>SD118</b>	Wholemeal Vegetable Pasta Bake <b>V73</b>	Vegan Sausage <b>V238</b> with Chips <b>SD5</b> & Tomato Ketchup <b>SD14</b>
	Option 3	<b>Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22, Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise)</b>				
	Vegetables	Broccoli <b>SD20</b> , Peas <b>SD18</b>	Cauliflower <b>SD27</b> , Sweetcorn <b>SD19</b>	Carrot <b>SD28</b> , Broccoli <b>SD20</b>	Green Beans <b>SD24</b> , Carrots <b>SD28</b>	Peas <b>SD18</b> , Baked Beans <b>SD22</b>
	Dessert	<b>Fresh fruit</b>	<b>NGCI Chocolate Cake NGCI12 (No Custard)</b>	Oaty Cookie <b>D85</b> with Apple Slices <b>D216</b>	Peach Crumble <b>D238 (No Custard)</b>	Chocolate Shortbread <b>D80</b>
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Vegetable Fajitas <b>V252</b> with wedges <b>SD6</b>				
	Option 2	BBQ Quorn <b>V205</b> with Rice <b>SD84</b>	<b>Vegan Sheese and Tomato Pizza V221</b> with Chips <b>SD5</b> & Tomato Ketchup <b>SD14</b>	Vegan Quorn <b>V204</b> with Roast Potatoes <b>SD7/SD82</b> & Gravy <b>SD118</b>		<b>Vegan Sausage V238</b> with Chips <b>SD5</b> & Tomato Ketchup <b>SD14</b>
	Option 3	<b>Jacket Potato with Suitable Toppings: Jacket Potato SD55 with Baked Beans SD22 or Vegan Sheese V216 (No Cheese) (No Tuna Mayonnaise)</b>				
	Vegetables	Carrots <b>SD28</b> , Peas <b>SD18</b>	Broccoli <b>SD20</b> , Sweetcorn <b>SD19</b>	Cauliflower <b>SD27</b> , Peas <b>SD18</b>	Carrots <b>SD28</b> , Broccoli <b>SD20</b>	Peas <b>SD18</b> , Baked Beans <b>SD22</b>
	Dessert	<b>NGCI Vanilla Cake NGCI11</b>	<b>NGCI Chocolate Cake NGCI12 (No Custard)</b>	Apple Flapjack <b>D171</b>	<b>NGCI Banana Cake NGCI29 (No Custard)</b>	Fruity Shortbread <b>D96</b>

**Note:** no other menu options other than above should be offered in relation to this menu

**ALLERGY INFORMATION:** Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email [info@caterlinkltd.co.uk](mailto:info@caterlinkltd.co.uk) for someone to contact you.

**Pupil Identification:** Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.